



The Challenge is on!

September 13, 2004

Hey there kids...

First, for those who came down to Tempe Town Lake last Wednesday for our promotional fun with Tempe Mayor Hugh Hallman and Chandler Mayor Boyd Dunn — I hope you had some fun!

We have more to come... but first, I wanted to give you a list of your Teammates... so maybe you can recruit them to come along and have some fun!

TEAM TEMPE:

TUNBERG

LAST NAME FIRST NAME AIKMAN CHRISTOPHER ROBERT ANSON **BARDIS ATHAN BARR DENNIS BORNT JEREMY CHAPMAN ANDREW DIGNAN PAUL FRAWLEY MICHAEL GAGEL** JIM **HAZEL** STEPHEN **HRABE BRYAN** HULL DANIEL **HUNTER JASON HUSTEAD HUNTER KLASS WALTER KOCHERT BRIAN** LANGENDERFER LYNN **LEVINE KENNETH DONALD LOPER BLAINE** MATHISON NAROSKI JIM **CARLOS** NUNEZ **PROCTOR** JIM **RUEGER** BILL **SEYMOUR KIMO KAREN** SMITH LOIS **TIEDEMANN TRAPP PAUL TRUJILLO** SHARON

KARL

TEAM CHANDLER:

LAST NAME

ANDREW	WILLIAM
BALDWIN	RICHARD
BARBA	BILLY
BEST	DIGNUS
BOWSER	ROB
CASCIO	JOCELYN
CHEBI	ERIC
CURTIS	MATTHEW
ESCOBAR	VANESSA
FELIX	MIKE
GUILLERMO	GREG
HARDINA	JIM
HARRIS	BRIAN
HIGGS	RICH
HOPPES	JAMES
JACO	JEFFREY
KICHLER	MICHAEL
KREBS	ANDY
LIDDY	TOM
MELLEY	MIKE
MITCHELL	JOHN
MOOMAW	SCOTT
MOSEKE	DOUG
NELSON	LUKE
ODDO	MARK
PITCHER	MATT
RODKEY	FRED
ROMANIA	ANTHONY
ROMANIA	ALAN
SMIEJA	KIMBERLY
STINCHFIELD	ANGELA
WAGNER	ED
WILLIAMS	RICK

FIRST NAME





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Four more media events have been planned to promote this challenge and the upcoming Ironman test. We are doing the promotional events to improve the community spirit and visibility to the IRONMAN and other great events here in the Valley. Those events will be held at Tempe Town Lake Marina. The first news station will have a 5:00 AM plug, but the majority of the news coverage begins at 6:00 AM (as we found out last week). Here are the rest of the media event dates, they are free to all, and the more folks we get there, the better the TV coverage, so invite a friend or four.

MEDIA EVENT DATES

Wednesday, October 27th – Swim Event Tuesday, January 4th – Run Event Tuesday February 22nd – Bike Event

Tuesday, April 5th – Transition Class and Ironman Arizona preparation

Now the second part of this circus is to BATTLE head to head.. This way we have an idea how good the other team is before April 9th...

These events will all be local endurance events, nothing as long as a full Ironman. I'll try to get comps or discounted entries for each TEAM member and let you know in advance.

The next "Head to Head Battle" is October 2, 2004 at Tempe Town Lake. The Challenge is a 2.4 Mile Swim. This event has been presented and entries provided by DCB Extreme Adventures: www.dcbadventures.com.

The WINNER will be determined by averaging the fastest 5 TEAM members to cross the finish line at each event. We have an overall trophy that will be adorned with a plaque from each "challenge," you may have seen it at the first media event last Wednesday. The respective winning team will hold the trophy until the next "challenge."

TEAM Challenge Dates:

OCTOBER

2 - DCB Extreme Adventures, Tempe Town Lake Dam to Dam Open Water Swim

Challenge: 2.4 mile open water swim

NOVEMBER

(October 31) – Red Rock Triathlon, SOMA Half Ironman (Tempe Town Lake)

<u>Challenge:</u> Half Ironman (1.2 mile swim, 56 mile bike, 13.1 mile run)

DECEMBER

5 – Runner's Den Fiesta Bowl Distance Classic *Challenge:* 13.1 Mile Run and Social Party!

JANUARY

9 - Elite Racing, Rock 'n Roll Marathon

Challenge: 13.1 Mile Run (this is a change from the original challenge... No Marathon before the Ironman...)

FEBRUARY

Bike EVENT - Date TO BE DETERMINED...





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MARCH

26 – DCB Extreme Adventures, Tempe Town Lake Open Water Swim *Challenge:* 2.4 mile open water swim (IRONMAN COURSE)

APRIL

9 – Ironman Arizona!

Challenge: Ironman (2.4 mile swim, 112 mile bike, 26.2 mile run)

The winning TEAM will receive a catered party upon one of the Rio Lago party barges at Tempe Town Lake, as well as a pass to the AVP Pro Beach Volleyball Event!

The losing Mayor will compete in his own Ironman Challenge, swimming, biking and running an undetermined distance that will have the respective "loser" running around the Opposition's City office.

We hope that this will spur additional monthly challenges, and there's a continued effort to make available to the community the resources it needs to set fitness related goals and be healthy.

If you're a coach, team or supporter in any way to this great sport, please <u>contact either of us right away!</u> We are building a database of resources for these athletes!

Please go to the City of Tempe's website (http://www.tempe.gov/rio/events/Tempe-ChandlerIMChallenge.htm) for up-to-date information! Please get your friends (Ironman athletes or not) to register their e-mail with Diana_Meyer@tempe.gov.

Thank you for joining us in this adventure! Please feel free to contact either of us regarding the events,

Sincerely,

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